

Special Anniversary Track Reflects on Psychiatry's Past, Present, and Future



In celebration of APA's 175th anniversary, this year's Annual Meeting is including a special track of sessions led by experts invited by APA

President Altha Stewart, M.D. As a whole, the sessions give a broad overview of the evolution of the understanding of mental illness and the care

of people with mental illness, as well as psychiatry's remarkable transformation from colonial times to the present and its promise for the future.

The track also includes sessions tracing the history of minority/underrepresented populations of psychiatrists and patients. **PN**

Overview of History of APA and Psychiatry in America

SATURDAY, MAY 18

1 p.m.-4 p.m.

Era 1: Organized Medicine and Mental Illness: The Early History in the United States

Chair: *John Oldham, M.D.*

Presentations will focus on the primitive nature of the understanding of mental illness during colonial times, followed by the advent of hospital-based care of those with severe mental illness. The contributions of Benjamin Rush and APA's early beginnings will be described.

MONDAY, MAY 20

1 p.m.-4 p.m.

Era 2: The Dawn of the Modern Era: Reforms in Care and Treatment (1844-1944)

Chair: *Jeffrey Geller, M.D.*

This symposium will focus on the first 100 years of APA's work and how political decisions, socioeconomic variables, and scientific advances made in this period continue to affect psychiatrists, individuals with mental illness, and the practice of psychiatry in fundamental and profound ways. The relationship between institutional and community services will also be examined.

SUNDAY, MAY 19

8 a.m.-11 a.m.

Era 3: Psychiatry: 1944-2019—Advancing Diagnosis, Treatment, and Education—APA and the Profession

Chairs: *Carolyn Robinowitz, M.D., Herbert Pardes, M.D.*

This symposium will address the evolution of the field of psychiatry over the past 75 years followed by a series of in-depth presentations assessing the importance of scientific

advances in diagnosis and treatment, psychiatry's relation to other medical specialties, and the role of external environmental, sociocultural, and economic factors in shaping the profession. The involvement of advocacy organizations, federal and state governments, the justice system, and others will also be discussed.

TUESDAY, MAY 21

8 a.m.-11 a.m.

Era 4: Shaping the Future of Psychiatry Through Research and the Delivery of Care

Chairs: *Joshua Gordon, M.D., Herbert Pardes, M.D.*

Three pairs of speakers will address three of the National Institute of Mental Health's priority areas from the basic and the clinical perspectives: suicide prevention, neural circuits, and computational and theoretical approaches to psychiatry.

History of Minority/Underrepresented Psychiatrists and Patients

SATURDAY, MAY 18

10 a.m.-11:30 a.m.

The International Medical Graduate in U.S. Psychiatry: Adversity, Advocacy, and Advancement

Chair: *Norma C. Panahon, M.D.*

International medical graduates (IMGs) comprise as much as a quarter of physicians in the country. Presenters will discuss the challenges and opportunities faced by IMGs beginning with residency and fellowship training and integration into the workforce. The support and sponsorships of various groups and institutions including APA to promote and facilitate the acculturation necessary to adapt to life in the United States will be discussed. The symposium will celebrate IMGs' successes through the years and identify areas where future contributions are important.

SUNDAY, MAY 19

1 p.m.-2:30 p.m.

Asian-American Mental Health Treatment and Engagement: An Update on Challenges and Opportunities

Chair: *Edmond Hsin T. Pi, M.D.*

This workshop seeks to highlight some of the rich and varied communities among Asian Americans, including South Asian Americans, Southeast Asian Americans, and East Asian Americans, and address challenges and future trends that affect Asian-American mental health treatment and engagement. Presenters will also provide an update on culturally informed interventions that may help overcome common treatment barriers.

3 p.m.-4:30 p.m.

The 175-Year History of African Americans in Psychiatry

Chairs: *Rahn Bailey, M.D., Donna Norris, M.D.*

This session takes a comprehensive and candid look at the psychiatric well-being of African Americans in relation to patient care and research within the current cultural context. It also provides an opportunity to reflect on African-American psychiatrists whose training and clinical, research, and teaching activities are crucial to providing care for African Americans. The presenters will provide personal narratives of the past and their expectations of what the future may hold for the care of this community. They will also explore the unique challenges of delivering psychiatric care to a historically disenfranchised population and offer creative ways to address these challenges.

MONDAY, MAY 20

8 a.m.-9:30 a.m.

APA and Japanese Society of Psychiatry and Neurology: History and Future Visions for Collaboration (APA's Role in Global Psychiatry)

Chairs: *Tsuyoshi Akiyama, M.D., Ph.D., Saul Levin, M.D., M.P.A.*

APA and the Japanese Society of Psychiatry and Neurology are committed to leading psychiatry and psychiatric care in the Pacific region. They have shared interests in the areas of science, improvement of care, and collaboration with other stakeholders. In this symposium, panelists will present the history of the two organizations' collaboration, focusing on academic conferences.

Early career psychiatrists will present how they are carrying out international activities to further develop collaboration between the two organizations.

10 a.m.-11:30 a.m.

Women and Psychiatry: Past, Present, and Future

Chair: *Elissa P. Benedek, M.D.*

The major involvement of women in APA began with the Committee on Women. Women went on to assume leadership positions on other committees and the Board of Trustees, with the first woman president—Carol Nadelson, M.D.—taking office in 1985. The women panelists in this workshop will discuss the critical role they have played in the organization and share their views of the future of women in APA and allied organizations.

TUESDAY, MAY 21

1 p.m.-2:30 p.m.

History of LGBTQ Community

Chair: *Howard Rubin, M.D.*

The history of American psychiatry and LGBTQ Americans are inextricably linked. As APA marks its 175th anniversary, it is important to reflect upon that relationship and examine the crucial role APA played in the transformation from the criminalization and stigmatization of homosexuality to its celebration, the debate about the validity of the illness model of homosexuality and its depathologization in 1973, and APA's advocacy for LGBTQ patients and psychiatrists and support for gay marriage.

WEDNESDAY, MAY 22

8 a.m.-9:30 a.m.

American Indian, Alaska Native, and Native Hawaiian Mental Health: The Issues, the History, the Status

Chair: *Dale Walker, M.D.*

The mental health of the indigenous peoples of North America and the Pacific has been impacted by 400 years of dominance by advancing Euro-Americans under their belief in manifest destiny and dominion by colonization and control. While early psychiatric efforts focused on social reform, geographic control, and boarding school approaches, little effort was made to understand the specific issues of native mental health. Presenters will cover this history, provide "how-to" information when working with indigenous peoples individually and within the community, and the provision of psychiatric care in both urban and rural communities. The importance of APA's proactive efforts to promote health care will also be discussed.

10 a.m.-11:30 a.m.

Latinos in 2019

Chair: *Rodrigo Muñoz, M.D.*

Latinos' participation in APA started in the 1960s in an atmosphere of activism for better representation, more recognition and equality, and more awareness of civil rights. Demographic growth trends in the 1980s indicated that Latinos would become a major force in the country, especially in states like California and Texas. Today Latinos are leaders in academia, clinical practice, professional institutions, and APA. Presenters will elaborate on the lessons learned to date to assure a better future.