

# SAN FRANCISCO

MAY 18-22



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## HOW TO REGISTER

Because most of the spaces in APA's courses fill early, you are encouraged to enroll in advance to ensure you get a space in the course or courses of your choice. Meeting registration and enrollment forms can be accessed at [www.psychiatry.org/annualmeeting](http://www.psychiatry.org/annualmeeting). Only those who have registered for the meeting may purchase course seats. The deadline for advance registration is **April 9**; save even more by registering before the early-bird deadline of **February 12**. The on-site course enrollment area will be located in the Moscone Convention Center.

There are three easy ways to register for APA's 2019 Annual Meeting and courses.

- **Register online:** Go to [psychiatry.org/annualmeeting](http://psychiatry.org/annualmeeting) and click on "Registration."
- **Fax registration form:** Fax your completed registration form with credit card information to (202) 380-0676.
- **Mail registration form:** Mail your completed registration form and payment (by credit card or check made payable to APA) to American Psychiatric Association—Registration, P.O. Box 896656, Charlotte, NC 28289-6656.

To obtain a form to register by mail or fax, call (202) 559-3900. There is a \$25 processing fee for mailed or faxed forms. After **April 9**, you may register online only; faxed and mailed registration will not be accepted (on-site fees apply). You can also register on site.

## Why a Course?

BY ERIC WILLIAMS, M.D.

University of South Carolina  
Course Subcommittee Chair, Scientific Program Committee

AND CATHERINE CRONE, M.D.

Inova Fairfax Hospital Department of Psychiatry and Behavioral Sciences  
Course Subcommittee Co-chair, Scientific Program Committee

**H**ave you ever attended a session at APA's Annual Meeting and wished you could learn about the topic presented in more depth, had more opportunity to interact with presenters, ask questions, receive educational handouts, and perhaps learn in a more intimate learning

environment? If so, you might want to consider registering for a course at this year's Annual Meeting. Courses consist of 4-, 6-, or 8-hour in-depth learning sessions with experts in the field on a wide range of topics including suicide risk, acute brain failure, street drugs, CPT coding mastery, eating disorders, perinatal mental health, understanding QT prolongation and risk mitigation, positive psychiatry across the lifetime, motivational interviewing, and sexual disorders. There are also Master Courses in transcranial magnetic stimulation, psychodynamic therapy for personality pathology, pediatric psychopharmacology, buprenorphine and office-based treatment of opioid use disorder, and essential psychopharmacology. Take a look at the offerings and consider a course as a way to complement your continuing medical education experiences and options! **PN**

## MASTER COURSES

SATURDAY, MAY 18 | M8044

### Buprenorphine and Office-Based Treatment of Opioid Use Disorder

**Director:** John Renner, M.D.

**Educational objectives:** (1) Discuss the rationale and need for medication-assisted treatment (MAT) of opioid use disorder; (2) apply the pharmacological characteristics of opioids in clinical practice; (3) describe buprenorphine protocols for all phases of treatment and for optimal patient/treatment matching; (4) describe the legislative and regulatory requirements of office-based opioid pharmacotherapy; and (5) discuss treatment issues and management of opioid use disorder in adolescents, pregnant women, and patients with acute and/or chronic pain.

8 a.m.-5 p.m.; 8 hours; Moscone Convention Center. Member: early bird: \$74; advance: \$74; on site: \$74. Nonmember: early bird: \$74; advance: \$74; on site: \$74. Spaces available: 180.

SUNDAY, MAY 19 | M8027

### Update on Pediatric Psychopharmacology

**Director:** Karen Wagner, M.D., Ph.D.

**Educational objectives:** (1) Demonstrate knowledge of current clinical guidelines for the use of pharmacotherapy in pediatric psychiatric disorders; (2) identify practical knowledge gained in the use of psychopharmacology and management of adverse effects; and (3) Utilize recent research on pharmacotherapy in common psychiatric disorders of childhood.

8 a.m.-5 p.m.; 8 hours; Moscone Convention Center. Member: early bird: \$390; advance: \$420; on site: \$450. Nonmember: early bird: \$490; advance: \$520; on site: \$550. Spaces available: 132.

MONDAY, MAY 20 | M8045

### Transcranial Magnetic Stimulation: Clinical Applications for Psychiatric Practice

**Director:** Richard Bermudes, M.D.

**Educational objectives:** (1) Explain the mechanism of action of TMS; (2) identify appropriate patients for TMS; (3) understand the efficacy of TMS for the

treatment of major depression, OCD, and other psychiatric disorders; (4) identify the risks and side effects of TMS; and (5) review the specifications of FDA-cleared TMS systems.

8 a.m.-5 p.m.; 8 hours; Moscone Convention Center. Member: early bird: \$390; advance: \$420; on site: \$450. Nonmember: early bird: \$490; advance: \$520; on site: \$550. Spaces available: 132.

TUESDAY, MAY 21 | M8042

### Essentials of Clinical Psychopharmacology

**Director:** Alan Schatzberg, M.D.

**Educational objectives:** (1) Provide an update on major classes of psychopharmacological agents; (2) review recent data on drugs under development—both positive and negative data; (3) provide a framework for integrating multiple modalities of treatment; and (4) review recent data on devices to treat major disorders.

8 a.m.-5 p.m.; 8 hours; Moscone Convention Center. Member: early bird: \$390; advance: \$420; on site: \$450. Nonmember: early bird: \$490; advance: \$520; on site: \$550. Spaces available: 500.

WEDNESDAY, MAY 22 | M8005

### Psychodynamic Therapy for Personality Pathology: Transference-Focused Psychotherapy — Extended

**Director:** Eve Caligor, M.D.

**Educational objectives:** (1) Apply recent developments in our understanding and classification of personality disorders to clinical practice; (2) perform clinically meaningful assessments of personality functioning and pathology; (3) understand the general clinical principles organizing psychodynamic therapy of personality disorders; (4) establish a treatment frame and contract with patients presenting with personality pathology at different levels of severity; and (5) understand the role of countertransference management in the treatment of patients with personality pathology at different levels of severity.

8 a.m.-5 p.m.; 8 hours; Moscone Convention Center. Member: early bird: \$390; advance: \$420; on site: \$450. Nonmember: early bird: \$490; advance: \$520; on site: \$550. Spaces available: 500.

## SATURDAY, MAY 18

Course Code: C1652

### Good Psychiatric Management for Borderline Personality Disorder

**Director:** Brian Palmer, M.D.

**Educational objectives:** (1) Diagnose borderline personality disorder correctly, including differentiating from mood disorders and explaining the diagnosis to a patient; (2) articulate principles for management of safety issues in patients with borderline personality disorder; (3) describe the course and outcome of BPD and the impact of BPD on mood disorders and vice versa; (4) explain key principles and evidence in the pharmacological treatment of BPD; and (5) understand the role of split treatments and family involvement in the treatment of BPD.

8 a.m.-noon; 4 hours; Moscone Convention Center. Member: early bird: \$190; advance: \$210; on site: \$235. Nonmember: early bird: \$215; advance: \$235; on site: \$260. Spaces available: 120.

Course Code: C1064

### Functional Neurological Disorder (Conversion Disorder): Update on Evaluation and Management

**Director:** Gaston Baslet, M.D.

**Educational objectives:** (1) Perform a comprehensive assessment in patients with functional neurological disorder (FND)/conversion disorder, incorporating input from test and exam results and other collaborating disciplines; (2) communicate the diagnosis to the patient, his/her family, and collaborating clinicians in a way that reinforces engagement in treatment; (3) recommend, seek advice, and/or execute the most appropriate treatment plan based on the current evidence from the medical literature; and (4) understand the complexity and heterogeneity of this patient population and recognize various modifiable risk factors that should be considered targets for treatment.

8 a.m.-noon; 4 hours; Moscone Convention Center. Member: early bird: \$190; advance: \$210; on site: \$235. Nonmember: early bird: \$215; advance: \$235; on site: \$260. Spaces available: 96.

Course Code: C1476

### Advanced Pharmacological Management for Depression: Applying the Latest Evidence-Based Treatment in Clinical Practice

**Director:** Roumen Milev, M.D.

**Educational objectives:** (1) Use clinical tools and algorithms to support measurement-based care for major depressive disorder; (2) select an optimal antidepressant based on the latest clinical, biomarker, and pharmacogenetic guidelines; and (3) use evidence-based strategies for the pharmacological management of treatment-resistant depression.

8 a.m.-noon; 4 hours; Moscone Convention Center. Member: early bird: \$190; advance: \$210; on site: \$235. Nonmember: early bird: \$215; advance: \$235; on site: \$260. Spaces available: 96.



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site: \$235. Nonmember: early bird: \$215; advance: \$235; on site: \$260. Spaces available: 96.

Course Code: C1129

### Talking With and Listening to Your Patients About Marijuana: What Psychiatrists Should Know

**Director:** Henry Levine, M.D.

**Educational objectives:** (1) Review limitations on current scientific knowledge of marijuana; (2) review history of marijuana use in medicine; (3) review biochemistry of exogenous and endogenous cannabinoids and their unique biological actions, receptors, approved cannabinoid preparations, metabolism, and routes of administration; (4) review clinical research data on the effects of marijuana upon psychiatric and nonpsychiatric conditions and upon behaviors such as violence, as well as its potential hazards; and (5) Discuss how to address providers' legal/ethical/documentation and history-taking issues and patients' questions, concerns, and educational needs regarding marijuana use.

8 a.m.-3 p.m.; 6 hours; Moscone Convention Center. Member: early bird: \$250; advance: \$285; on site: \$320. Nonmember: early bird: \$300; advance: \$335; on site: \$385. Spaces available: 316.

Course Code: C1033

### Updates in Geriatric Psychiatry

**Director:** Rajesh Tampi, M.D.

**Educational objectives:** (1) Discuss the epidemiology, neurobiology, assessment, and management of neurocognitive disorders; (2) describe the epidemiology and management of behavioral and psychological symptoms of neurocognitive disorders; (3) elaborate on the epidemiology and management of substance use disorders in late life; (4) enumerate on epidemiology and management of anxiety and mood disorders

in late life; and (5) define the epidemiology and management of psychotic disorders in late life.

8 a.m.-3 p.m.; 6 hours; Moscone Convention Center. Member: early bird: \$250; advance: \$285; on site: \$320. Nonmember: early bird: \$300; advance: \$335; on site: \$385. Spaces available: 132.

## SUNDAY, MAY 19

Course Code: C1036

### Risk Assessment for Violence

**Director:** Phillip Resnick, M.D.

**Educational objectives:** (1) Specify four types of paranoid delusions that can lead to homicide; (2) identify the relative risk of violence in schizophrenia, bipolar disorder, and substance abuse; and (3) indicate three factors that increase the likelihood that violent command hallucinations will be obeyed.

8 a.m.-noon; 4 hours; Moscone Convention Center. Member: early bird: \$190; advance: \$210; on site: \$235. Nonmember: early bird: \$215; advance: \$235; on site: \$260. Spaces available: 316

Course Code: C1730

### Mean Girls (and Boys): A Clinician's Guide for Addressing School Violence

**Director:** Anne McBride, M.D.

**Educational objectives:** (1) Recognize the hallmark features of hot and cold aggression; (2) summarize static and dynamic risk factors pertaining to school violence; (3) distinguish the salient features of structured professional judgment and actuarial violence risk assessment measures; and (4) characterize approaches to addressing school violence at the individual, school, and community levels.

8 a.m.-noon; 4 hours; Moscone Convention Center. Member: early bird: \$190; advance: \$210; on site: \$235. Nonmember: early bird: \$215; advance: \$235; on site: \$260. Spaces available: 96.

Course Code: C1072

### Street Drugs and Disorders: Overview and Treatment of Dual-Diagnosis Patients

**Director:** John Tsuang, M.D.

**Educational objectives:** (1) Know the emerging data for prevalence of opiate abuse and other drugs of abuse; (2) know the new street drugs and club drugs; (3) know the available pharmacological agents for treatment of co-occurring disorder patients; and (4) learn the psychosocial treatment for co-occurring disorder patients.

1 p.m.-5 p.m.; 4 hours; Moscone Convention Center. Member: early bird: \$190; advance: \$210; on site: \$235. Nonmember: early bird: \$215; advance: \$235; on site: \$260. Spaces available: 120.

Course Code: C1609

### Imminent Suicide Risk Assessment in High-Risk Individuals Denying Suicidal Ideation or Intent

**Director:** Igor Galynker, M.D.

**Educational objectives:** (1) Appreciate the difference between long-term and imminent suicide risk; (2) learn the nuts and bolts of MARIS- and NCM-based approaches to the assessment of imminent risk; and (3) apply the MARIS- and NCM-based approaches to assess imminent suicide risk in test cases.

8 a.m.-noon; 4 hours; Moscone Convention Center. Member: early bird: \$190; advance: \$210; on site: \$235. Nonmember: early bird: \$215; advance: \$235; on site: \$260. Spaces available: 96.

Course Code: C1134

### Eating Disorders for the General Psychiatrist

**Director:** Evelyn Attia, M.D.

**Educational objectives:** (1) Learn about evidence-based medication treatments for eating disorders; (2) learn about medical management for adolescents and adults with eating disorders; (3) learn about family-based

treatment (FBT) for adolescents with eating disorders; (4) learn about psychological and psychiatric issues associated with obesity; and (5) learn about case management for complex patients with eating disorders, including those with co-occurring psychiatric conditions.

1 p.m.-5 p.m.; 4 hours; Moscone Convention Center. Member: early bird: \$190; advance: \$210; on site: \$235. Nonmember: early bird: \$215; advance: \$235; on site: \$260. Spaces available: 120.

**Course Code: C1035**

**The Psychiatrist as Expert Witness: The Ins and Outs of Being a Forensic Consultant**

**Director:** Phillip Resnick, M.D.

**Educational objectives:** (1) Give more effective expert witness testimony; (2) understand rules of evidence and courtroom privilege; and (3) understand issues of power and control in the witness/cross-examiner relationship.

1 p.m.-5 p.m.; 4 hours; Moscone Convention Center. Member: early bird: \$190; advance: \$210; on site: \$235. Nonmember: early bird: \$215; advance: \$235; on site: \$260. Spaces available: 316.

**Course Code: C1160**

**Neuromodulation Essentials: ECT, TMS, DBS, VNS, and Other Innovative Techniques**

**Director:** Richard Holbert, M.D.

**Educational objectives:** (1) Describe the indications, techniques, neurobiology, adverse effects (including cognitive side effects), and neurobiological changes associated with electroconvulsive therapy; (2) explain the indications, techniques (including motor threshold determination), adverse effects, contraindications, and efficacy of transcranial magnetic stimulation; (3) explain the role of vagus nerve stimulation in treatment-resistant major depressive disorder; (4) summarize the current use of deep brain stimulation in psychiatry; and (5) recognize innovative neuromodulation techniques such as FEAST, tDCS, tACS, MST, CES, and micromagnetic stimulation.

1 p.m.-5 p.m.; 4 hours; Moscone Convention Center. Member: early bird: \$190; advance: \$210; on site: \$235. Nonmember: early bird: \$215; advance: \$235; on site: \$260. Spaces available: 96.

**Course Code: C1163**

**Neuropsychiatric Masquerades: Medical and Neurological Disorders That Present With Psychiatric Symptoms**

**Director:** Jose Maldonado, M.D.

**Educational objectives:** (1) Understand the incidence, epidemiology, and clinical features of the most common CNS disorders masquerading as psychiatric illness; (2) integrate knowledge of current psychiatry into discussions with patients; and (3) apply quality improvement strategies to improve clinical care.

8 a.m.-5 p.m.; 8 hours; Moscone Convention Center. Member: early bird: \$295; advance: \$345; on site: \$365. Nonmember: early bird: \$395; advance: \$445; on site: \$465. Spaces available: 180.

**Course Code: C8074**

**First-Episode Psychosis for the General Clinician: From Assessment to Treatment**

**Director:** Steven Adelsheim, M.D.

**Educational objectives:** (1) Document the key components of appropriate assessment for early psychosis; (2) list the components of the Coordinated Specialty Care model; (3) have a strong understanding of the core workup and treatment components for a person with early psychosis; and (4) explain the different approaches to assessment and treatment for the adolescent with early psychosis symptoms.

8 a.m.-noon; 4 hours; Moscone Convention Center. Member: early bird: \$190; advance: \$210; on site: \$235. Nonmember: early bird: \$215; advance: \$235; on site: \$260. Spaces available: 120.

**MONDAY, MAY 20**

**Course Code: C1536**

**Positive Psychiatry Across The Lifespan**

**Director:** Rama Gogineni, M.D.

**Educational objectives:** (1) Develop a working knowledge of the principles underlying positive psychiatry and its relevance across the lifespan; (2) gain an understanding of the application of positive psychiatry interventions in the treatment and prevention of mental illness in adults; (3) learn about resilience-building mind-body interventions in older adults; (4) learn positive psychiatry approaches to children and adolescents; and (5) discuss and practice new skills using clinical examples and case studies.

1 p.m.-5 p.m.; 4 hours; Moscone Convention Center. Member: early bird: \$190; advance: \$210; on site: \$235. Nonmember: early bird: \$215; advance: \$235; on site: \$260. Spaces available: 96.

**Course Code: C1331**

**Emergency Psychiatry: The Basics and Beyond**

**Director:** Kimberly Nordstrom, M.D.

**Educational objectives:** (1) Understand “medical clearance” and why universal labs are not helpful; (2) have tools to engage agitated patients; (3)

have a better understanding of when to (or not to) start medications on someone in an emergency or crisis setting; and (4) have good working knowledge on nonpharmacological and pharmacological treatments for agitation.

8 a.m.-noon; 4 hours; Moscone Convention Center. Member: early bird: \$190; advance: \$210; on site: \$235. Nonmember: early bird: \$215; advance: \$235; on site: \$260. Spaces available: 120.

**Course Code: C1347**

**Psychiatric Care for Transgender and Gender Non-Conforming (TGNC) Youth and Young Adults**

**Director:** Shervin Shadianloo, M.D.

**Educational objectives:** (1) Understand gender development and its variance among youth and young adults; (2) evaluate and provide gender-affirming care for TGNC youth and young adults; (3) treat co-occurring mental health conditions in TGNC youth and young adults; (4) advocate for mental health care of TGNC youth and young adults; and (5) refer TGNC youth and young adults to appropriate services and specialties in their course of transitioning.

8 a.m.-noon; 4 hours; Moscone Convention Center. Member: early bird: \$190; advance: \$210; on site: \$235. Nonmember: early bird: \$215; advance: \$235; on site: \$260. Spaces available: 96.

**Course Code: C1034**

**The Clinical Assessment of Malingered Mental Illness**

**Director:** Phillip Resnick, M.D.

**Educational objectives:** (1) Detect clues to malingered psychosis; (2) identify factors that distinguish genuine from faked hallucinations and genuine from faked delusions; and (3) be more skillful in detecting deception and malingering, especially in defendants pleading not guilty by reason of insanity.

8 a.m.-noon; 4 hours; Moscone Convention Center. Member: early bird: \$190; advance: \$210; on site: \$235. Nonmember: early bird: \$215; advance: \$235; on site: \$260. Spaces available: 316.

**Course Code: C1298**

**Psychiatric Disorders in Pregnancy and Postpartum: An Update**

**Director:** Shaila Misri, M.D.

**Educational objectives:** (1) Identify risk factors for perinatal mood and anxiety disorders and be familiar with individualized treatment interventions; (2) recognize effects of anxiety on fetus/developing child and review clinical presentations and treatment options; (3) understand how perinatal mood/anxiety disorders affect mothers, fathers, and children and learn about nonpharmacological treatment interventions; (4) understand the impact of untreated maternal illness on fetus, child, and family and recognize evidence-based treatment guidelines, including pharmacological treatments; and (5) understand the principles of



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pharmacotherapy in bipolar disorder I and II in perinatal women.

1 p.m.-5 p.m.; 4 hours; Moscone Convention Center. Member: early bird: \$190; advance: \$210; on site: \$235. Nonmember: early bird: \$215; advance: \$235; on site: \$260. Spaces available: 316.

**Course Code: C1264**

**Treating Narcissistic Personality Disorder: Transference-Focused Psychotherapy**

**Director:** Frank Yeomans, M.D.

**Educational objectives:** (1) Understand and appreciate the range and types of narcissistic pathology; (2) recognize and work with the pathological grandiose, the psychological structure that underlies the symptoms of narcissistic personality disorder; (3) acquire treatment techniques that address narcissistic resistances and that help engage the patient in therapy; (4) acquire treatment techniques that help patient and therapist work with the anxieties beneath the grandiose self; and (5) work with the typical attachment styles of narcissistic patients.

1 p.m.-5 p.m.; 4 hours; Moscone Convention Center. Member: early bird: \$190; advance: \$210; on site: \$235. Nonmember: early bird: \$215; advance: \$235; on site: \$260. Spaces available: 96.

**Course Code: C1344**

**Become a CPT Coding Master: Avoiding Hazards, Maximizing Opportunities, and Anticipating Changes**

**Director:** Gregory Harris, M.D.

**Educational objectives:** (1) Determine the correct CPT code to use in a variety of practice settings; (2) understand the necessary documentation

required for these CPT codes; (3) identify areas that are scrutinized closely by third-party payors; and (4) understand the use of CPT codes in special circumstances such as prolonged care, telemedicine, collaborative care, and the use of screening tools.

8 a.m.-noon; 4 hours; Moscone Convention Center. Member: early bird: \$190; advance: \$210; on site: \$235. Nonmember: early bird: \$215; advance: \$235; on site: \$260. Spaces available: 96.

**Course Code: C1228**

**Clinically Relevant Forensic Psychiatry: A Practical Review**

**Director:** Tobias Wasser, M.D.

**Educational objectives:** (1) Appreciate the significance of forensic issues in the everyday practice of clinical psychiatry; (2) demonstrate knowledge of clinically relevant topics and principles in forensic psychiatry; and (3) apply forensic knowledge to clinical encounters with patients.

1 p.m.-5 p.m.; 4 hours; Moscone Convention Center. Member: early bird: \$190; advance: \$210; on site: \$235. Nonmember: early bird: \$215; advance: \$235; on site: \$260. Spaces available: 96.

**Course Code: C1199**

**Mind-Body Treatments for Global Mental Health Issues, Mass Disasters, Refugees, and PTSD: Lecture and Experiential**

**Director:** Patricia Gerbarg, M.D.

**Educational objectives:** (1) List four advantages for using simple, effective, evidence-based mind-body programs to support the emotional recovery of populations affected by mass disasters; (2) apply polyvagal theory to under-

standing how voluntarily regulated breathing practices (VRBPs) help shift the organism from states of defensive disconnection toward a state of safety and connectedness; (3) describe initiatives using mind-body techniques to relieve stress and trauma among survivors of war and terrorism in Africa, Asia, and the United States; (4) experience coherent breathing for stress reduction and learn how VRPs can be used to reduce anxiety, insomnia, depression, and symptoms of PTSD; and (5) acquire tools and resources to integrate breath and movement techniques experienced in this course into clinical practice.

8 a.m.-5 p.m.; 8 hours; Moscone Convention Center. Member: early bird: \$295; advance: \$345; on site: \$365. Nonmember: early bird: \$395; advance: \$445; on site: \$465. Spaces available: 180.

**TUESDAY, MAY 21**

**Course Code: C1219**

**Evaluation and Treatment of Sexual Dysfunctions**

**Director:** Waguih Ishak, M.D.

**Educational objectives:** (1) Acquire practical knowledge and skills in evaluation of sexual dysfunctions; (2) acquire practical knowledge and skills in treatment of sexual dysfunctions; and (3) apply gained knowledge/skills to real-world examples of sexual dysfunctions in men and women.

8 a.m.-noon; 4 hours; Moscone Convention Center. Member: early bird: \$190; advance: \$210; on site: \$235. Nonmember: early bird: \$215; advance: \$235; on site: \$260. Spaces available: 96.

**Course Code: C1711**

**Integrating Neuroscience Into the Clinical Practice of Psychiatry: A Hands-on Practicum From the National Neuroscience Curriculum Initiative (NNCI)**

**Director:** Ashley Walker, M.D.

**Educational objectives:** (1) Appreciate the value of incorporating a neuroscience framework into the everyday clinical practice of psychiatry; (2) feel confident and empowered that, with or without a neuroscience background, participants can integrate cutting-edge neuroscience knowledge in routine clinical settings; and (3) access and use new and innovative methods to educate patients, relatives, and trainees about clinically relevant neuroscience findings.

8 a.m.-noon; 4 hours; Moscone Convention Center. Member: early bird: \$190; advance: \$210; on site: \$235. Nonmember: early bird: \$215; advance: \$235; on site: \$260. Spaces available: 96.

**Course Code: C1098**

**Identifying and Helping Older Adults with Mild Neurocognitive Disorder**

**Director:** James Ellison, M.D.

**Educational objectives:** (1) Learn to detect and assess *DSM-5* mild neurocognitive disorder; (2) understand the clinical and prognostic significance of MiND, which lies between normal cognitive aging and major neurocognitive disorder; (3) become familiar with evidence-based interventions that can delay or mitigate cognitive decline; (4) understand the role of neuropsychological assessment in the evaluation of mild neurocognitive disorder; and (5) become

acquainted with current and evolving neuroimaging techniques used in assessing mild neurocognitive disorder.

1 p.m.-5 p.m.; 4 hours; Moscone Convention Center. Member: early bird: \$190; advance: \$210; on site: \$235. Nonmember: early bird: \$215; advance: \$235; on site: \$260. Spaces available: 120.

**Course Code: C1248**

**Integrating Technology and Psychiatry**

**Director:** John Luo, M.D.

**Educational objectives:** (1) Utilize online resources for lifelong learning, patient care, and collaboration; (2) integrate electronic practice management tools in education, communication, documentation, screening, and evaluation; (3) monitor and maintain professional identity and privacy; and (4) assess novel technologies such as smartphone apps and predictive analytics to determine their role in patient care.

8 a.m.-noon; 4 hours; Moscone Convention Center. Member: early bird: \$190; advance: \$210; on site: \$235. Nonmember: early bird: \$215; advance: \$235; on site: \$260. Spaces available: 120.

**Course Code: C1800**

**These Are the Droids You're Looking For: An Expert Course on QTc, ECG, Psychotropic Medications, and Other Jedi Mind Tricks**

**Director:** Margo Funk, M.D.

**Educational objectives:** (1) Confidently measure the QT interval, choose the most appropriate correction formula, and calculate the QTc; (2) list medications and common drug interactions that confer high risk of torsades de pointes; (3) correlate components of the 12-lead ECG with cardiac electrophysiological mechanisms; (4) describe high-yield strategies for various practice settings and populations, including the intensive care unit, substance use disorders, and resource-poor clinics; and (5) describe an approach to comprehensive risk-benefit analysis in patients who require control of high-risk psychopathology and may be at risk for torsades de pointes.

1 p.m.-5 p.m.; 4 hours; Moscone Convention Center. Member: early bird: \$190; advance: \$210; on site: \$235. Nonmember: early bird: \$215; advance: \$235; on site: \$260. Spaces available: 96.

**Course Code: C1399**

**Motivational Interviewing: A Stepped-Care Approach to Advanced Skills**

**Director:** Steven Cole, M.D.

**Educational objectives:** (1) Review and explain core MI concepts, including the four phases of MI, the four domains of spirit, and use of OARS to work through ambivalence; (2) explain step one of advanced skills: respond to distress/dance with discord; (3) describe step two: respond to sustain talk; (4) discuss step three: work through ambivalence/develop the discrepancy; and (5) use four global measures of the MI Treatment Integrity Code (MITI) to assess one's own

and others' competence.

1 p.m.-5 p.m.; 4 hours; Moscone Convention Center. Member: early bird: \$190; advance: \$210; on site: \$235. Nonmember: early bird: \$215; advance: \$235; on site: \$260. Spaces available: 96.

**Course Code: C1815**

**Sleep Issues and Psychiatric Disorders: What Should Mental Health Professionals Know?**

**Director:** Karim Ghobrial-Sedky, M.D.

**Educational objectives:** (1) Understand and know types of sleep disorders; (2) appreciate the bidirectional relationship between sleep disorders and psychiatric disorders; (3) understand the neurobiology of sleep disorders and its overlap with psychiatric disorders; and (4) articulate the treatment options for sleep disorders (both psychopharmacology and psychotherapy), with a special focus on problems of using non-approved medications to treat insomnia.

8 a.m.-5 p.m.; 8 hours; Moscone Convention Center. Member: early bird: \$295; advance: \$345; on site: \$365. Nonmember: early bird: \$395; advance: \$445; on site: \$465. Spaces available: 132.

**WEDNESDAY, MAY 22**

**Course Code: C1584**

**Disaster Psychiatry Review and Updates: Mass Violence, Climate Change, and Ebola**

**Director:** Joshua Morganstein, M.D.

**Educational objectives:** (1) Review critical principles in disaster psychiatry, including behavioral and psychological reactions; preparedness, response, and recovery; early interventions; and crisis and risk communication; (2) discuss the mental health effects of mass violence and disruption, with special consideration of mass shootings in "safe havens," such as churches, schools, and health care settings; (3) describe the impacts of climate-related disaster events on human health and how to apply critical principles in disaster psychiatry to enhance community preparedness and resilience; and (4) understand unique psychological and behavioral responses to pandemics and important aspects of preparation and response to these events using contemporary media content.

8 a.m.-noon; 4 hours; Moscone Convention Center. Member: early bird: \$190; advance: \$210; on site: \$235. Nonmember: early bird: \$215; advance: \$235; on site: \$260. Spaces available: 96.

**Course Code: C1137**

**Acute Brain Failure: Pathophysiology, Diagnosis, Management, and Sequelae of Delirium**

**Director:** Jose Maldonado, M.D.

**Educational objectives:** (1) Identify the strengths and weaknesses of various screening and diagnostic instruments used for the detection of delirium; (2) recognize the main risk factors

for the development of delirium in the clinical setting; (3) describe the evidence regarding the use of nonpharmacological techniques (e.g., light therapy, early mobilization) in delirium prevention and treatment; (4) define the evidence behind the use of antipsychotic agents in the prevention and treatment of delirium; and (5) recognize the evidence behind the use of non-conventional agents (e.g., alpha-2 agonist, melatonin, anticonvulsant agents) in the prevention and treatment of delirium.

8 a.m.-noon; 4 hours; Moscone Convention Center. Member: early bird: \$190; advance: \$210; on site: \$235. Nonmember: early bird: \$215; advance: \$235; on site: \$260. Spaces available: 120.

**Course Code: C1488**

**Autism Update for the Clinician: From Diagnosis to Behavioral and Pharmacological Interventions**

**Director:** Gagan Joshi, M.D.

**Educational objectives:** (1) Understand the diagnostic evolution for autism spectrum disorder (ASD) and the evaluation strategies for arriving at an appropriate diagnosis; (2) discuss current evidence-based guidelines for genetic testing in ASD; (3) review the latest evidence for behavioral interventions in ASD across the lifespan with a particular focus on the integration

of technology interventions; (4) appreciate the burden of psychopathology associated with psychiatrically referred populations with ASD; and (5) demonstrate the unique considerations in recognition and psychopharmacological management of psychopathologies frequently associated with ASD.

8 a.m.-5 p.m.; 8 hours; Moscone Convention Center. Member: early bird: \$295; advance: \$345; on site: \$365. Nonmember: early bird: \$395; advance: \$445; on site: \$465. Spaces available: 96

