Update on Pediatric Psychopharmacology

**SATURDAY, MAY 14, 9 A.M.-4 P.M.**
**Director:** Christopher Kratochvil, M.D.

The primary objective of this course is to provide practical information to clinicians on the use of psychotropic medications in the treatment of children and adolescents in their practices. This course will provide an overview and discussion of recent data in pediatric psychopharmacology, with a focus on mood disorders, attention-deficit/hyperactivity disorder, anxiety disorders, and autism spectrum disorders. The role of pharmacotherapy in the treatment of these disorders will be addressed, as will practical clinical aspects of using psychotropic medications in the treatment of children and adolescents. Management of adverse effects will be reviewed as well.

Marriott Marquis; member: early bird: $365; advance: $395; on site: $425; nonmember: early bird: $465; advance: $495; on site: $525; spaces available: 150

Assessment and Treatment of Eating Disorders

**SUNDAY, MAY 15, 9 A.M.-4 P.M.**
**Director:** B. Timothy Walsh, M.D.

This course aims to provide clinicians with an overview of the identification, assessment, and treatment of feeding and eating disorders using DSM-5 criteria. The course will introduce a new app that can be used to guide assessment for these conditions. The assessment and treatment of special populations will be emphasized, including children and adolescents, males, and individuals who are overweight or obese. Guidelines for culturally sensitive assessment of feeding and eating disorders will be provided. The course will conclude with an interactive, case-based discussion that will incorporate core principles reviewed.

Marriott Marquis; member: early bird: $365; advance: $395; on site: $425; nonmember: early bird: $465; advance: $495; on site: $525; spaces available: 150

Advances in Treatment of Bipolar Disorder

**SUNDAY, MAY 15, 9 A.M.-4 P.M.**
**Director:** Terence Ketter, M.D.

Treatment of bipolar disorders is rapidly evolving. This course includes presentations of therapeutic advances as well as number needed to treat (NNT) and number needed to harm (NNH) analyses of approved pharmacotherapies for various phases (acute mania, acute depression and maintenance) of bipolar disorder to facilitate assessments of risks and benefits of treatments in individual patients. Taken together, the information in this course is hoped to facilitate clinicians’ efforts to translate the latest advances in research into evidence-based, personalized, state-of-the-art care for patients with bipolar disorder.

Marriott Marquis; member: early bird: $365; advance: $395; on site: $425; nonmember: earlybird: $465; advance: $495; on site: $525; spaces available: 150

2016 Psychiatry Review

**MONDAY, MAY 16, 9 A.M.-4 P.M.**
**Director:** Robert Boland, M.D.

Essential psychiatric and neurology topics will be reviewed and discussed using multiple-choice questions (MCQ). After an introduction covering the basic structure and format of MCQs typically used in psychiatric examinations, participants will review and answer MCQs in various formats using an audience response system. After viewing a summary of the audience responses, faculty members will lead and facilitate a review and discussion of the topic covered by the MCQs.

Marriott Marquis; member: early bird: $365; advance: $395; on site: $425; nonmember: early bird: $465; advance: $495; on site: $525; spaces available: 175

Essential Psychopharmacology

**TUESDAY, MAY 17, 8 A.M.-5 P.M.**
**Director:** Alan F. Schatzberg, M.D.

This master course will cover new material on the pharmacologic treatment of major psychiatric disorders. The course will involve presentation of data, questions and answers, and case discussions.

Marriott Marquis; member: early bird: $365; advance: $395; on site: $425; nonmember: early bird: $465; advance: $495; on site: $525; spaces available: 300

HOW TO REGISTER

There are three easy ways to register for APA’s 2015 annual meeting and courses.

- **Register online:** Go to the URL above and go to the “Registration” menu on the right.
- **Fax registration form:** Fax your completed registration form with credit card information to (703) 907-1097. There is a $10 processing fee for faxed forms.
- **Mail Registration form:** Mail your completed registration form and payment (by credit card or check made payable to APA) to American Psychiatric Association Annual Meeting, P.O. Box 418237, Boston, Mass. 02241-8237. There is a $10 processing fee for mailed forms.

After April 14, you may register online only (on-site fees apply), not by mail or fax. You can also register on site.
sataturday may 14

C CODE C6194
Buprenorphine and Office-Based Treatment of Opioid Use Disorder
Director: Petros Levounis, M.D. Educational objectives: (1) Understand the rationale and need for opioid pharmacotherapy in the treatment of opioid dependence and describe buprenorphine protocols for all phases of treatment and for optimal patient treatment; (2) understand specific information on the legislative and regulatory history of office-based opioid pharmacotherapy; (3) understand the pharmacological characteristics of opioids and identify common comorbid conditions associated with opioid dependence; (4) understand treatment issues and management of opioid dependence in adolescents, pregnant women, and patients with acute and/or chronic pain; and (5) describe the resources needed to set up office-based treatment with buprenorphine for patients with opioid use disorder. Course level: basic; 8-5; 8 hours; Marriott Marquis; this course is offered free of charge, but seating is limited; spaces available: 75

C CODE C4611
Management of Psychiatric Disorders in Pregnant and Postpartum Women
Director: Shaila Misri, M.D. Educational objectives: (1) Have increased awareness about mood and anxiety disorders that occur in pregnant and postpartum women; (2) be familiar with management of bipolar I and II disorders in the perinatal population; and (3) have an improved ability to manage perinatal psychiatric disorders with pharmacological and nonpharmacological treatments. Course level: intermediate; 8-noon; 4 hours; Marriott Marquis; member: early bird: $165; advance: $185; on site: $210; nonmember: early bird: $190; advance: $210; on site: $235; spaces available: 60

C CODE C4461
Cognitive-Behavior Therapy for Severe Mental Disorders: Building Treatment Skills That Work
Director: Jesse Wright, M.D., Ph.D. Educational objectives: (1) Describe empirical evidence for the effectiveness of cognitive-behavior therapy (CBT) for severe mental disorders; (2) detail methods for developing effective anti-suicide plans with CBT; (3) describe key strategies for using CBT to modify delusions; (4) describe key strategies for using CBT to modify hallucinations; and (5) detail methods for behavioral interventions for patients who are stuck in chronic and severe depression. Course level: basic; 8-noon; 4 hours; Marriott Marquis; member: early bird: $165; advance: $185; on site: $210; nonmember: early bird: $190; advance: $210; on site: $235; spaces available: 60

C CODE C3978
Conversion Disorder: Update on Evaluation and Management
Director: Gaston Baslet, M.D. Educational objectives: (1) Perform a clinical evaluation in patients with conversion disorder, in collaboration with a neurologist, and communicate the diagnosis in a way that reinforces engagement in treatment; (2) recommend, seek advice on, or execute the most appropriate treatment plan based on the current evidence from medical literature; and (3) understand the complexity and heterogeneity of this population and recognize various modifiable risk factors that should be considered targets for treatment. Course level: basic; 8-noon; 4 hours; Marriott Marquis; member: early bird: $165; advance: $185; on site: $210; nonmember: early bird: $190; advance: $210; on site: $235; spaces available: 60

C CODE C4006
Updates in Geriatric Psychiatry
Director: Rajesh Tampi, M.D., M.S. Educational objectives: (1) Discuss the epidemiology, neurobiology, assessment, and management of neuropsychiatric disorders and behavioral and psychological symptoms of dementia; (2) describe the epidemiology, neurobiology, assessment, and management of substance use disorders in late life; (3) enumerate the epidemiology, neurobiology, assessment, and management of mood disorders in late life; (4) elaborate on the epidemiology, neurobiology, assessment, and management of anxiety disorders in late life; and (5) describe the epidemiology, neurobiology, assessment, and management of psychotic disorders in late life. Course level: basic; 9-4; 6 hours; Marriott Marquis; member: early bird: $225, advance: $260; on site: $295; nonmember: early bird: $275; advance: $310; on site: $360; spaces available: 60

C CODE C4181
Mood Disorders in Later Life: Achieving Accurate Diagnosis and Effective Treatment
Director: James Ellison, M.D., M.P.H. Educational objectives: (1) Describe and explain an evidence-based approach to the recognition and effective management of late-life mood disorders; (2) differentiate between the cognitive effects of normal aging, depression, and dementia syndrome of depression; (3) recognize the common and unique features of bipolar disorder in later life and understand the elements of assessment and evidence-based management; and (4) describe psychotherapy’s role in treating late-life mood disorders, list evidence-based approaches, and understand modifications that facilitate treatment of older adults. Course level: intermediate; 8-noon; 4 hours; Marriott Marquis; member: early bird: $165; advance: $185; on site: $210; nonmember: early bird: $190; advance: $210; on site: $235; spaces available: 60

C CODE C4196
Transgender and Intersex for the Practicing Psychiatrist
Director: William Byne, M.D. Educational objectives: (1) Define and discuss the relevant terminology, including gender dysphoria, disorders of sex development with and without somatic intersexuality, gender variance, transgender, and transsexuality; (2) describe the components of culturally and clinically competent assessment, diagnosis and care of those with gender concerns, including those seeking hormones and/or surgery for gender transition; (3) draw into their clinical work the relevant documents for psychiatrists, including DSM-5, the AACAP Practice Parameter on GLBT Youth, and the Standards of Care of the World Professional Association for Transgender Health; (4) distinguish DSM-5 gender dysphoria from gender concerns arising as epiphenomena of other psychiatric disorders; and (5) understand how research and society’s evolving attitudes toward gender variance have influenced policies that impact access to transgender health services, including hormonal, surgical, and mental health care. Course level: basic; 9-4; 6 hours; Marriott Marquis; member: early bird: $225; advance: $260; on site: $295; nonmember: early bird: $275; advance: $310; on site: $360; spaces available: 60

C CODE C5265
Sleep Medicine: A Review and Update for Psychiatrists
Director: Thomas Hurwitz, M.D. Educational objectives: (1) Recognize the major sleep disorders that can affect patients in their practices; (2) determine which patients should be referred to a board-certified sleep physician; (3) help patients with obstructive sleep apnea pursue therapy; (4) determine if patients experience excessive daytime sleepiness; and (5) facilitate use of CBT principles to treat insomnia. Course level: basic; 9-4; 6 hours; Marriott Marquis; member: early bird: $225; advance: $260; on site: $295; nonmember: early bird: $275; advance: $310; on site: $360; spaces available: 100

C CODE C5338
Neuropsychiatric Masquerades: Medical and Neurological Disorders That Present With Psychiatric Symptoms
Director: Jose Maldonado, M.D. Educational objectives: (1) Recognize the most common clues of presentation suggesting an “organic cause” for psy-
APA ANNUAL MEETING COURSE GUIDE

**C CODE C4163**
A Psychiatrist’s Guide to Patients With Severe Obesity: Assessment and Beyond
Director: Sanjeev Sockalingam, M.D.
Educational objectives: (1) Describe predisposing psychosocial factors to obesity and potential medical and surgical interventions; (2) identify patient characteristics prebariatric surgery that inform patients’ post-surgery psychosocial interventions; and (3) apply pharmacological protocols and brief psychological interventions that improve psychiatric care after bariatric surgery. Course level: basic; 1-5; 4 hours; Marriott Marquis; member: early bird: $190; advance: $210; on site: $235; spaces available: 60

**C CODE C4195**
Mentalization-Based Treatment for Borderline Personality Disorder
Director: Anthony Bateman, M.D.
Educational objectives: (1) Demonstrate an understanding of the mentalizing problems of borderline personality disorder; (2) recognize mentalizing and nonmentalizing interventions; (3) develop and maintain a mentalizing therapeutic stance; and (4) use some basic mentalizing techniques in everyday clinical work. Course level: intermediate; 1-5; 4 hours; Marriott Marquis; member: early bird: $165; advance: $185; on site: $210; nonmember: early bird: $190; advance: $210; on site: $235; spaces available: 60

**C CODE C4369**
Identifying and Helping Older Adults With Mild Neurocognitive Disorders
Director: James Ellison, M.D., M.P.H.
Educational objectives: (1) Describe the spectrum of cognitive changes that accompany normal aging, subjective cognitive impairment, and mild neurocognitive disorder; (2) appreciate the role that neuropsychology has played in understanding, assessing, and monitoring the progression of milder forms of cognitive impairment associated with typical and pathological aging; (3) list and appreciate the value of the neuroimaging techniques that have clarified the pathology and differential diagnostic issues associated with mild neurocognitive disorders; and (4) prepare helpful recommendations for a person with mild cognitive changes, including lifestyle factors, medical issues, physical and social activity, cognitive stimulation, and sleep hygiene. Course level: intermediate; 1-5; 4 hours; Marriott Marquis; member: early bird: $165; advance: $185; on site: $210; nonmember: early bird: $190; advance: $210; on site: $235; spaces available: 60

**SUNDAY, MAY 15**

**C CODE C4012**
What Every Psychiatrist Needs to Know About Epilepsy
Director: Rochelle Caplan, M.D.
Educational objectives: (1) Apply knowledge about the bidirectional relationship between epilepsy and psychiatric disorders to improve interdisciplinary collaboration and the outcomes of the treatment of patients with epilepsy; (2) perform a comprehensive evaluation in patients with seizures and successfully navigate challenging clinical manifestations that require careful diagnostic clarification; and (3) design a treatment plan that follows current evidence and that integrates the neuropsychological and psychosocial contributions that epilepsy and its treatment have in various psychiatric presentations. Course level: basic; 1-5; 4 hours; Marriott Marquis; member: early bird: $165; advance: $185; on site: $210; nonmember: early bird: $190; advance: $210; on site: $235; spaces available: 60

**C CODE C4025**
Understanding and Treating Narcissistic Personality Disorder
Director: Frank Yeomans, M.D.
Educational objectives: (1) Understand the range of narcissistic pathology; (2) understand the concept of the pathological grandiose self and how to approach this psychological structure clinically; (3) understand treatment techniques that address narcissistic resistances and help the patient look beyond his or her rigid narcissistic stance and begin to engage meaningfully with others; and (4) understand how to help the patient gain awareness of and deal with the anxieties that the pathological grandiose self defends against. Course level: basic; 8-noon; 4 hours; Marriott Marquis; member: early bird: $165; advance: $185; on site: $210; nonmember: early bird: $190; advance: $210; on site: $235; spaces available: 75

**C CODE C4079**
Good Psychiatric Management for Borderline Personality Disorder: What Every Psychiatrist Should Know
Director: John Gunderson, M.D.
Educational objectives: (1) Explain the diagnostic criteria to patients and families and establish reasonable expectations for change (psychoeducation); (2) manage the problem of recurrent suicide ideation and self-harm while limiting personal burden and liability; (3) expedite alliance-building via use of medications and homework; and (4) know when to prioritize BPD treatment and when to defer until a comorbid disorder is resolved. Course level: basic; 8-noon; 4 hours; Marriott Marquis; member: early bird: $165; advance: $185; on site: $210; nonmember: early bird: $190; advance: $210; on site: $235; spaces available: 60

**C CODE C4057**
Practical Assessment and Management of Behavior Disturbance in Patients With Moderate to Severe Dementia
Director: Maureen Nash, M.D., M.S.
Educational objectives: (1) Understand how to evaluate persons with symptoms and differentiate the common types of dementia: Alzheimer’s, vascular, Lewy body, Parkinson’s, and frontotemporal lobe; (2) understand the overlap between

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**APA ANNUAL MEETING COURSE GUIDE**

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Director: Sanjeev Sockalingam, M.D.
Educational objectives: (1) Describe predisposing psychosocial factors to obesity and potential medical and surgical interventions; (2) identify patient characteristics prebariatric surgery that inform patients’ post-surgery psychosocial interventions; and (3) apply pharmacological protocols and brief psychological interventions that improve psychiatric care after bariatric surgery. Course level: basic; 1-5; 4 hours; Marriott Marquis; member: early bird: $190; advance: $210; on site: $235; spaces available: 60

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Educational objectives: (1) Describe the spectrum of cognitive changes that accompany normal aging, subjective cognitive impairment, and mild neurocognitive disorder; (2) appreciate the role that neuropsychology has played in understanding, assessing, and monitoring the progression of milder forms of cognitive impairment associated with typical and pathological aging; (3) list and appreciate the value of the neuroimaging techniques that have clarified the pathology and differential diagnostic issues associated with mild neurocognitive disorders; and (4) prepare helpful recommendations for a person with mild cognitive changes, including lifestyle factors, medical issues, physical and social activity, cognitive stimulation, and sleep hygiene. Course level: intermediate; 1-5; 4 hours; Marriott Marquis; member: early bird: $165; advance: $185; on site: $210; nonmember: early bird: $190; advance: $210; on site: $235; spaces available: 60

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**C CODE C4079**
Good Psychiatric Management for Borderline Personality Disorder: What Every Psychiatrist Should Know
Director: John Gunderson, M.D.
Educational objectives: (1) Explain the diagnostic criteria to patients and families and establish reasonable expectations for change (psychoeducation); (2) manage the problem of recurrent suicide ideation and self-harm while limiting personal burden and liability; (3) expedite alliance-building via use of medications and homework; and (4) know when to prioritize BPD treatment and when to defer until a comorbid disorder is resolved. Course level: basic; 8-noon; 4 hours; Marriott Marquis; member: early bird: $165; advance: $185; on site: $210; nonmember: early bird: $190; advance: $210; on site: $235; spaces available: 60

**C CODE C4057**
Practical Assessment and Management of Behavior Disturbance in Patients With Moderate to Severe Dementia
Director: Maureen Nash, M.D., M.S.
Educational objectives: (1) Understand how to evaluate persons with symptoms and differentiate the common types of dementia: Alzheimer’s, vascular, Lewy body, Parkinson’s, and frontotemporal lobe; (2) understand the overlap between
delirium and dementia with behavior disturbance and how to differentiate and treat those suffering from these two maladies; (3) have a framework for person-centered assessment and treatment planning, including nonpharmacological interventions; (4) understand risks, benefits, and alternatives of evidence-based treatments for the common types of dementia with behavior disturbance; and (5) understand the challenges of identifying pain and the terminal nature of advanced dementia. Course level: intermediate; 9-4; 6 hours; Marriott Marquis; member: early bird: $225; advance: $260; on site: $295; nonmember: early bird: $275; advance: $310; on site: $360; spaces available: 60

C CODE C4664 Integrating Behavioral Health and Primary Care: Practical Skills for the Consulting Psychiatrist
Supported by the CMS Transforming Clinical Practice Initiative (TCPI) APA Support and Alignment Network (SAN)
Director: Anna Ratzliff, M.D., Ph.D. Educational objectives: (1) Make the case for integrated behavioral health services in primary care, including the evidence for collaborative care; (2) discuss principles of integrated behavioral health care; (3) describe the roles for a primary care consulting psychiatrist in an integrated care team; and (4) apply a primary care-oriented approach to psychiatric consultation for common behavioral health presentations. This session was supported by Funding Opportunity Number CMS-1L1-15-002 from the U.S. Department of Health and Human Services, Centers for Medicare and Medicaid Services. Course level: basic; 9-noon; 4 hours; Marriott Marquis; member: early bird: $225; advance: $260; on site: $295; nonmember: early bird: $275; advance: $310; on site: $360; spaces available: 100

C CODE C4300 Street Drugs and Mental Disorders: Overview and Treatment of Dual Diagnosis Patients
Director: John Tsuang, M.D. Educational objectives: (1) Understand the issues relating to the treatment of dual-diagnosis patients; (2) know the popular street drugs and club drugs; and (3) know the available pharmacological agents for treatment of dual-diagnosis patients. Course level: basic; 8-noon; 4 hours; Marriott Marquis; member: early bird: $165; advance: $185; on site: $210; nonmember: early bird: $190; advance: $210; on site: $235; spaces available: 75

MARDAY, MAY 16

C CODE C4165 The Clinical Assessment of Malingered Mental Illness
Director: Phillip Resnick, M.D. Educational objectives: (1) Demonstrate skill in detecting deception; (2) detect malingered psychosis; (3) identify four signs of malingered insanity defenses; and (4) identify five clues to malingered PTSD. Course level: basic; 8-noon; 4 hours; Marriott Marquis; member: early bird: $165; advance: $185; on site: $210; nonmember: early bird: $190; advance: $210; on site: $235; spaces available: 75

C CODE C5154 Emergency Psychiatry: The Basics and Beyond
Director: Kimberly Nordstrom, M.D., J.D. Educational objectives: (1) Identify psychiatric emergencies; (2) feel more comfortable in creating alliances with patients who may be in a decompensated state; (3) complete a suicide risk assessment; (4) treat agitation with de-escalation techniques and medications; and (5) discuss treatments that can be used in emergency situations. Course level: basic; 8-noon; 4 hours; Marriott Marquis; member: early bird: $165; advance: $185; on site: $210; nonmember: early bird: $190; advance: $210; on site: $235; spaces available: 60

C CODE C5259 Exploring Technologies in Psychiatry
Director: Robert Kennedy, M.D. Educational objectives: (1) Review the various current and emerging technologies and connections that are possible in psychiatry and medicine; (2) evaluate the emerging technologies and how they impact clinical practice today and tomorrow; and (3) recognize the pros and cons of electronic physician-patient communication. Course level: intermediate; 8-noon; 4 hours; Marriott Marquis; member: early bird: $165; advance: $185; on site: $210; nonmember: early bird: $190; advance: $210; on site: $235; spaces available: 60

C CODE C5307 Restoring Professionalism: Integrating Mind, Brain, and Body for Distressed Physicians
Director: A.J. Reid Finlayson, M.D. Educational objectives: (1) Recognize the continuum of care for problematic physician behavior and health from suicide to healthy lifestyle; (2) describe the components of a comprehensive fitness-for-duty evaluation for unprofessional physician behavior; (3) review and discuss three case examples of unprofessional behavior that may undermine patient safety, including disrupting the optimal functioning of clinical teams, sexual boundary violations, and dangerous prescribing practices; (4) explain the effects of disruptive physician behavior on other members of clinical teams; and (5) identify a variety of psychoeducational approaches to remediate problematic physician behaviors and enhance professionalism. Course level: intermediate; 8-noon; 4 hours; Marriott Marquis; member: early bird: $165; advance: $185; on site: $210; nonmember: early bird: $190; advance: $210; on site: $235; spaces available: 60

C CODE C7209 Integrating Behavioral Health and Primary Care: Practical Skills for the Consulting Psychiatrist
Supported by the CMS Transforming Clinical Practice Initiative (TCPI) APA Support and Alignment Network (SAN)
Director: Anna Ratzliff, M.D., Ph.D. Educational objectives: (1) Make the case for integrated behavioral health services in primary care, including the evidence for collaborative care; (2) discuss principles of integrated behavioral health care; (3) describe the roles for a primary care consulting psychiatrist in an integrated care team; and (4) apply a primary care-oriented approach to psychiatric consultation for common behavioral health presentations. This session was supported by Funding Opportunity Number CMS-1L1-15-002 from the U.S. Department of Health and Human Services, Centers for Medicare and Medicaid Services. Course level: basic; 9-4; 6 hours; Marriott Marquis; member: early bird: $225; advance: $260; on site: $295; nonmember: early bird: $275; advance: $310; on site: $360; spaces available: 80

C CODE C4774 Psychodynamic Psychopharmacology: Applying Practical Psychodynamics to Improve Pharmacologic Outcomes With Treatment-Resistant Patients
Director: David Mintz, M.D. Educational objectives: (1) Describe the evidence base linking meaning factors and medication response; (2) develop an integrated bio-psychosocial treatment frame; (3) diagnose common psychodynamics underlying pharmacologic treatment resistance; (4) use psychodynamic interventions in pharmacotherapy to ameliorate psychodynamic contributors to medication issues; and (5) recognize and contain countertransference contributions to pharmacologic treatment resistance. Course level: intermediate; 9-4; 6 hours; Marriott Marquis; member: early bird: $225; advance: $260; on site: $295; nonmember: early bird: $275; advance: $310; on site: $360; spaces available: 100

C CODE C4121 Psychodynamic Principles With Treatment-Resistant Mood Disorders: Breaking Through Treatment Resistance by Focusing on Comorbidity
Director: Eric Plakun, M.D. Educational objectives: (1) Describe evidence that psychosocial factors play a role in the cause and effective treatment of treatment-resistant mood disorders; (2) explain the contribution to treatment resistance of personality disorders, including associated immature defenses like splitting and projective identifica-
APA ANNUAL MEETING COURSE GUIDE

COURSE CODE C4306
Mind-Body Programs: Stress, Anxiety, Depression, PTSD, Military Trauma, and Mass Disasters: Lecture and Experiential (Replaces Yoga of the East and West)
Director: Patricia Gerbarg, M.D. Educational objectives: (1) Describe how heart rate variability and sympathetic-vagal balance contribute to overall well-being and stress resilience; (2) apply Polyvagal Theory to understanding how volitionally regulated breathing practices (VRBPs) help shift the organism from states of defensive disconnection toward a state of safety and connectedness; (3) discuss the vagal-gamma-aminobutyric acid theory of inhibition and its potential relevance to treatment of stress, anxiety, and trauma-related disorders; (4) experience coherent breathing for stress reduction and learn how VRBPs can be used to reduce anxiety, insomnia, depression, and symptoms of PTSD; and (5) experience open-focus attentional training for stress reduction, improved attention and relief of physical and psychological distress for clinicians and their patients. Course level: Intermediate; 9-4; 6 hours; Marriott Marquis; member: early bird: $225; advance: $260; on site: $295; nonmember: early bird: $275; advance: $310; on site: $360; spaces available: 60

COURSE CODE C43357
Acute Brain Failure: Neurobiology, Prevention, and Treatment of Delirium
Director: Jose Maldonado, M.D. Educational objectives: (1) Identify the strengths and weaknesses of various screening and diagnostic instruments used for the detection of delirium; (2) recognize the main risk factors for the development of delirium in the clinical setting; (3) describe the evidence regarding the use of nonpharmacological techniques (e.g., light therapy, early mobilization) in delirium prevention and treatment; (4) define the evidence behind the use of antipsychotic agents in the prevention and treatment of delirium; and (5) recognize the evidence behind the use of nonconventional agents (e.g., alpha-2 agonist, melatonin, anticonvulsant agents) in the prevention and treatment of delirium. Course level: basic; 1-5; 4 hours; Marriott Marquis; member: early bird: $165; advance: $185; on site: $210; nonmember: early bird: $190; advance: $210; on site: $235; spaces available: 60

COURSE CODE C4319
Evaluation and Treatment of Sexual Dysfunctions
Director: Wadguin Ishak, M.D. Educational objectives: (1) Acquire practical knowledge and skills in evaluation of sexual disorders; (2) acquire practical knowledge and skills in treatment of sexual disorders; and (3) learn to apply gained knowledge/skills to real examples of sexual disorders. Course level: Intermediate; 1-5; 4 hours; Marriott Marquis; member: early bird: $165; advance: $185; on site: $210; nonmember: early bird: $190; advance: $210; on site: $235; spaces available: 75

COURSE CODE C4220
Evidence-Based Psychodynamic Therapy: A Pragmatic Clinician’s Workshop
Director: Rick Summers, M.D. Educational objectives: (1) Become aware of the substantial evidence base supporting psychodynamic psychotherapy; (2) improve treatment selection by applying a contemporary and pragmatic framework for delivering psychodynamic therapy; (3) diagnose core psychodynamic problems and develop a psychodynamic formulation for appropriate patients; and (4) understand how to develop an effective therapeutic alliance and employ techniques for facilitating change. Course level: Intermediate; 8-noon; 4 hours; Marriott Marquis; member: early bird: $165; advance: $185; on site: $210; nonmember: early bird: $190; advance: $210; on site: $235; spaces available: 75

COURSE CODE C6201
DSM-5 Changes: Overview and Practical Applications (Including the Transition to ICD-10-CM)
Director: Michael First, M.D. Educational objectives: (1) Be familiar with the new organization structure of the DSM-5; (2) be familiar with rationale and implications for the incorporation of a more dimensional approach to DSM-5; (3) be familiar with the relationship with the ICD-10-CM and DSM-5; and (4) be familiar with the changes being made throughout DSM-5, including their rationale and practical implications. Course level: basic; 9-4; 6 hours; Marriott Marquis; member: early bird: $225; advance: $260; on site: $295; nonmember: early bird: $275; advance: $310; on site: $360; spaces available: 60

COURSE CODE C6193
ECT Practice Update for the General Psychiatrist
Director: Peter Rosenquist, M.D. Educational objectives: (1) Consider the indications and risk factors for ECT and estimate likely outcomes based upon patient characteristics; (2) define the physiologic and neurocognitive effects of ECT as they relate to specific and potentially high-risk patient populations; (3) review the evidence related to ECT stimulus characteristics and summarize the differences between brief and ultra-brief pulse width stimuli; and (4) define strategies for optimizing treatment outcomes during the ECT course and maintaining remission over time. Course level: basic; 8-noon; 4 hours; Marriott Marquis; member: early bird: $165; advance: $185; on site: $210; nonmember: early bird: $190; advance: $210; on site: $235; spaces available: 60

COURSE CODE C4240
Talking With Your Patients About Marijuana Use: What Every Psychiatrist Should Know
Director: Henry Levine, M.D. Educational objectives: (1) Discuss the CNS activity of cannabis and the physiologic actions of cannabis and the cannabinoid system; (2) discuss the medical usefulness and hazards of cannabis, particularly pertaining to psychiatric and substance abuse disorders; (3) discuss the medicolegal climate regarding cannabis and legal restrictions on the medical use of cannabis; and (4) take a relevant history from, listen to, educate, and counsel patients who wish to use or are using cannabis for medical treatment, or who are using it recreationally while in psychiatric treatment. Course level: basic; 1-5; 4 hours; Marriott Marquis; member: early bird: $165; advance: $185; on site: $210; nonmember: early bird: $190; advance: $210; on site: $235; spaces available: 60

COURSE CODE C6197
Motivational Interviewing for the Routine Practice of Psychiatry
Director: Steven Cole, M.D., M.A. Educational objectives: (1) Describe three questions and four skills of Brief Action Planning (BAP); (2) explain how BAP aligns with the "Spirit of Motivational Interviewing"; (3) discuss the three levels and 13 separate skills of Stepped Care Advanced Skills for Action Planning (SAAP) for patients with persistent unhealthy behaviors; (4) use the eight core competencies of BAP and 13 advanced skills of SAAP in routine psychiatric practice; and (5) gain skill to demonstrate/train students, team members, and colleagues in BAP/SAAP. Course level: basic; 1-5; 4 hours; Marriott Marquis; member: early bird: $165; advance: $185; on site: $210; nonmember: early bird: $190; advance: $210; on site: $235; spaces available: 60